

A large banner for 'OKLAHOMA VETERANS MAGAZINE'. The text 'OKLAHOMA VETERANS' is in large white letters, and 'MAGAZINE' is in large red letters. On the left, a man with sunglasses on his head is visible. On the right, a sign says 'FREE COPY'. The background shows a brick building and a flag.



FREE COPY

Eagle OPS:
Building Community,
One Rally Point at a Time

Presort Std.
U.S. Postage
PAID
Okla City, OK
Permit #2186



MORE INSIDE

For the veterans of Oklahoma, the cost of admission to an Eagle OPS event is simple: show up. That's the guiding philosophy behind Rally Points, the signature gatherings hosted by Eagle OPS.



OKLAHOMA VETERAN
NEWSMAGAZINE

Serving Active Duty Military, Veterans and Their Families

Serving the state, Oklahoma Veteran News is locally
Owned and Published Monthly by
Metro Publishing, LLC P.O. Box 239, Mustang, OK.
73064 Phone: (405) 631-5100/Fax: (405) 631-5103

STAFF

Editor/Co-Publisher

Steven R. Eldridge

news@okveterannews.com

Co-Publisher, Sales, Marketing,

Steven Sibley, E7 RET/DV

steven.t.sibley.vet@gmail.com

918-404-0807

STAFF WRITERS

• Bobby Anderson • Darl Devault
• Richard Stephens, Jr. • James Coburn • Van
Mitchel • Marise Boehs • Vickie Jenkins
• Jill Stephenson

news@okveterannews.com

ADVERTISING/BUSINESS

Print, digital and sponsored posts are accepted at the review and approval of the publishers.

Sales - Thomas Phillips

notarydash918@gmail.com or

advertising@okveterannews.com 405-631-5100

Editorial Information

Send news, opinion and event items to Editor,
P.O. Box 239 Mustang, Ok 73064 or email

news@okveterannews.com 405-631-5100

Oklahoma Veteran News is protected through trademark registration in the U.S.

Copies/Subscriptions

Copies of OKVN may be picked up at more than 600 locations statewide - including clinics, VFWs and American Legion posts, restaurants, OK military bases and more.

In-state subscriptions are offered FREE to veterans. Send request to advertising@okveterannews.com.

SISTER PUBLICATIONS

Oklahoma's Senior news and Living

www.seniornewsandliving.com

Oklahoma's Nursing Times

www.oknursingtimes.com

[ASK ABOUT PICKUP RATES](#)
Oklahoma's College Education Guide

Veteran NewsMagazine provides veterans a fresh publication filled with news features and resources. Articles, opinions, columns, letters to the editor and advertisements in Oklahoma Veteran News do not necessarily reflect the opinions of the magazine or Metro Publishing, L.L.C. its ownership, management or writers. We do not assume responsibility for statements made by writers or advertisers. The acceptance of advertising by OKVN does not constitute an endorsement of products, services or information.

We do not knowingly present any product or services which is fraudulent or misleading in nature. We reserve the right to refuse publication of any item. COPYRIGHT © 2026-2027 METRO PUBLISHING L.L.C. ALL RIGHTS RESERVED

Jason Young, SYNERGY
Director of Marketing and
veteran, John Cockrum.



SYNERGY[®] HomeCare

Care that moves youSM

Call Today. We Listen.

**Your VA
Benefits
Cover
Costs**

Aid & Attendance • Homemaker
• Family Caregiver Relief (RESPITE)

Our Services

- Companionship
- Personal Care
- Technology Assistance
- Housekeeping and Laundry
- Meal Preparation
- Errands and Transportation
- Medication Reminders and More

OKC Office: 405-254-3046

Tulsa Office: 918-727-2117

**Full
Support for
Fuller Lives**

SCAN HERE TO VISIT ON THE WEB



Thomas Cook with
owner, Weama Kassem.



On the Cover:

Eagle OPS: Building Community, One Rally Point at a Time

For the veterans of Oklahoma, the cost of admission to an Eagle OPS event is simple: show up. That's the guiding philosophy behind Rally Points, the signature gatherings hosted by Eagle OPS, a nonprofit built on the idea that no veteran or their family should have to face life's hardest moments alone.

Eagle OPS was founded by Johnathon and Jessica Shepherd, who met in the sixth grade. Shep, as most people know him as, served five years in the Marine Corps, leaving service in December 2002 with plans to focus on raising his soon-to-be-born son. He had a job lined up the day after his discharge. On the surface, he looked like a success story in the way of being a good provider about to make a smooth transition. However, in reality it was a different story. Shep struggled privately, hiding his difficulties from nearly everyone, except Jessica. During those years, he spent time in and out of jail. Jessica's ultimatum became his turning point. Shep began asking for help, and over the following decade the couple discovered how many resources existed to support veterans through transition, resources that simply weren't reaching the people who needed them. As Shep connected with other veterans, he found the same story again and again. He wasn't alone, and neither were they. That realization became the seed of Eagle OPS: a mission to connect struggling veterans with the right resources, built on relationships rather than paperwork.

The couple ran their own communications company for years, primarily serving VA and federal contracts. Eagle OPS itself began as informal outreach in 2016, organized around events Shep already loved like hunting, fishing, and fire pit nights. In 2019, it became an official nonprofit.

At the heart of Eagle OPS is the simple belief that relationships are key. Shep tells his story authentically, and that honesty builds the rapport and trust that make it possible for veterans to ask for help. The connections made at these events are the real reward. Through them, Eagle OPS helps veterans work through transitions, whether they ended their service yesterday or forty years ago.

Because most veterans still hold full time jobs, Eagle OPS schedules its events for evenings and Saturdays, generally from 6-9 p.m. Fire pit nights remain the most popular gathering, although the Oklahoma heat has pushed the organization toward alternatives like "Game On" nights, which are games played in the street or a backyard.

From 2019 to 2023, Shep and Jessica built out Eagle OPS' programming



while both continued working day jobs. In 2023, the organization partnered with Oklahoma Veterans United and won a grant for the Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program through the VA. This was formal recognition of the work Eagle OPS had already been doing informally for years. Loneliness and isolation are among the leading contributors to veteran suicide, and combating both has been the throughline of Eagle OPS' work from the beginning.

Rather than chase growth for its own sake, Eagle OPS focuses on creating more events, and keeping Rally Points intentionally small because smaller groups make for stronger connections. Muldrow, Oklahoma currently hosts the most weekly events and the largest turnout of anywhere in the state. Eagle OPS is also expanding its footprint beyond its base in Owasso into other nearby communities.

Rally Points events are active in 21 counties across Oklahoma. If an event is on the calendar, it happens. "Postpone," not "cancel," is the operative word when Oklahoma weather interferes. Canceling, in Eagle



Eagle OPS recent grand opening of it's headquarters in Owasso, Oklahoma.

OPS' vocabulary, means giving up and they don't do that.

The organization actively looks for "difference makers" among the veterans it serves. These are "people willing to step up as Mission Coordinators and extend the same relationship-first approach to their own communities."

Shep and Jessica believe that everyone grows through adversity, however no one should have to go through things alone. Eagle OPS' role is to guide and mentor, drawing on lived experience rather than theories.

There are four core programs:

- Reach One More: the organization's number one program
- Outreach: sharing resources and benefits available to veterans in the community
- Difference Makers: the volunteer network that keeps Rally Points and other events running
- Grants and Scholarships: an area of growing focus. It's a small part of what Eagle OPS does, but the most frequently requested

Eagle OPS was born from one veteran's honest reckoning with his own struggle and the decision to make sure no one else had to face theirs alone. A decade later, it has grown into a statewide network built on the same founding principle: "Connecting relationships and



resources to bring our heroes home, one operation at a time." For more information and full details of upcoming events, visit their website: www.eagleops.org. ● story by Jill Stephenson, contributing writer

Scan Here
To Visit The
Website





VETERANS UPWARD BOUND

★ ★ ★ ★ ★

GETTING READY FOR SCHOOL?

Our goal is to help you navigate your Veteran Education Benefits, enroll in college or vo-tech, and strengthen your academic skills – all at no cost to you.

★ ★ ★ ★ ★

CALL, EMAIL OR SCAN THE QR CODE TO GET CONNECTED



405.422.1405
vub@redlandsc.edu

Oklahoma Senate Honors Tulsa Navy Veteran and Artist

Lisa Hendricks was born and raised in Tulsa. Her father restored art professionally, exposing her to the trade from a young age. Her path to becoming one of Tulsa's public artists began somewhere else entirely: the U.S. Navy.

Her parents were not wealthy, so Hendricks saw the military as her only realistic route to receiving a formal education. Two years after high school, in 1981, she visited a recruiter's office and weighed every branch. Small in stature, she didn't think she would be a good fit in the Marines or Army. Her father's Air Force service earned her admiration, but her love of the ocean and skill as a swimmer pulled her toward the Navy.

Serving in the Navy exceeded her expectations, especially once she resumed schooling while enlisted. It wasn't easy as women were rare in the Navy during that time. During a posting in Cuba she was one of few female sailors and was closely watched and stereotyped by the men around her. After nearly three years, she transferred to the Nuclear division in Norfolk, Virginia. She was assigned to NAVSEA 8, the command overseeing East Coast nuclear submarines. One of her duties while there was to help retrieve the radioactive debris from the Challenger explosion.

As a Nuclear Controls Specialist, Hendricks monitored radiation levels in submarine reactor cooling systems and tested the safety of onboard nuclear weapons. Her small frame let her do work most men couldn't like squeezing into tight spaces to run cords or reach behind equipment. This made her feel essential, even when she sometimes felt used because of it. She still did her duty without complaint, never chasing recognition.

Hendricks left active service in 1989 and immediately went to work at Norfolk Naval Shipyard. At her father's urging and because of his worries about the threat of war, she returned to Tulsa after four years.

Back home, Hendricks began helping her father and rediscovered her love of pencil drawing. Growing up surrounded by his work, she was self-taught. Drawing became an emotional outlet during this period of rebuilding her identity. She took a job as an operator at Ford Glass where she encountered a hiring culture built around family connections and was initially treated as an outsider. She became a journeyman machinist and spent close to 17 years sharpening her eye for precision, a quality that fed directly into her art work.

When Ford Glass closed, Hendricks moved into aerospace manufacturing with Spirit AeroSystems, became a quality engineer, then transferred to Triumph Aerospace. This included a five-year assignment inspecting airplanes in Israel. She retired in 2021, using an educational benefit to earn degrees from Northeastern State University in Homeland Security and Criminal Justice. She had already earned degrees in physics and mathematics.

Known for painting tiny, intricate objects like tea bags and eggs, Hendricks built a following through craft shows and a local artists' website, which led the Skiatook Art Center to invite her in. After she painted a winter mural on the building's front, the owner asked her to tackle the opposite wall with a tribute to military service. Looking at a painting that hung in his office gave her the insight as to how she might give honor

Lisa Hendricks shown here celebrating her completed mural.



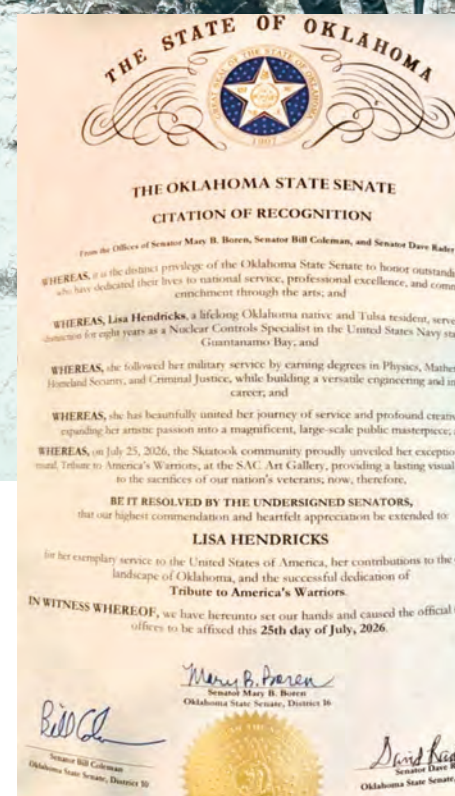
Lisa Hendricks State of OK citation

to the warriors of past and present. She initially refused, insisting she only worked on small items. As she was exiting his office, she locked eyes with a portrait of his father on a wall of honor dedicated to his military service. He beckoned her to say yes and she did.

What began as a planned 12-by-16-foot piece grew to 20 by 20 feet. Hendricks spent a month preparing and 20 days painting, often 12 to 16 hours a day. She started from a grid cut from her late father's roll of drafting paper that was laid out on her ping pong table.

The mural, Tribute to America's Warriors, portrays the cost of service. No one in it is smiling. It depicts and honors Native Americans, Buffalo Soldiers and Freedom Riders, honoring those who lived on the land first. A chief and a bald eagle watch over the scene. A pair of military boots sit at the bottom of the mural symbolizing all that's left behind when a service member doesn't come home and honors all who have fought to keep our land and our country free.

Unveiled on July 25th at the Skiatook Art Center, the mural drew far more attention than Hendricks expected. She received a Citation of Recognition from the Oklahoma State Senate, an honor she calls humbling and surreal and one she says was not just for her but for everyone represented on the wall. ● *story by Jill Stephenson, contributing writer*





Lisa Hendricks with soldier on mural at the SAC.



GLENPOOL SENIOR FAIR



Glenpool
Conference Center

**12205 S Yukon Ave
Glenpool, OK 74033**

**FREE ENTRY, DOOR
PRIZES, DRINKS,
SNACKS, BINGO & 60
PLUS VENDORS**

BRING YOUR FRIENDS

Vendor Registration
call or text 918-902-5304

TUESDAY OCTOBER , 13TH

10:00AM-3:00 PM

Special Guest Speaker: Lori Fullbright
Channel 6 News

**OKLAHOMA
SENIOR
LAW**

**EMERALD
CARE CENTER**
TULSA CLAREMORE MEMPHIS

**Senior
Helpers**
Senior Care, Only Better.

**STRONG FAMILY
FINANCIAL LLC**

BrightStarCare®

EVENT SPONSORS

**BISON
MOVING**

**MATURE
TRANSITIONS
OF TULSA**

enhabit
Home Health & Hospice

P M O
PAIN MANAGEMENT
OF OKLAHOMA

101 Mobility®

**ArchWell™
HEALTH**

Glenwood
Skilled Nursing & Therapy

Devoted
HEALTH PLANS

MED-CORP
HEALTH SERVICES

Established 2003



Cornerstone

Home Health, Inc.

“Where patients come first”



- Nursing
- Therapy
- Aides
- Light Housekeeping
- Dressing/Bathing
- Transportation/ Shopping

**We are Veterans Servicing
Our Veterans**



405-354-5454
(Corporate Offices)

833-854-5454 Toll-Free

www.cornerstonehomehealthservices.com



BrightStarCare®
A HIGHER STANDARD



Unparalleled Home Care and Support

When your loved one needs extra care at home, choosing the right agency can be tough. Let BrightStar Care® make it easier.

- We offer companion and personal care, including bathing, meal prep, medication reminders, mobility assistance and more.
- We've earned The Joint Commission Gold Seal of Approval® which validates that we follow the highest standards of safety and care.
- VA Community Care Network provider trusted by veterans.

Learn more at brightstarcare.com/edmond-oklahoma-city.

Call for your free in-home assessment.

BrightStar Care of Oklahoma City

405-896-9600

©BrightStar Care Independently Owned and Operated



Compassion, Dignity, Dedication

VA Approved Hospice Services,
Call for Your In-home Evaluation.

918-742-6415
www.MillerHospice.com

VET Chat

Supporting Veterans Across OKC

Vet Chat connects veterans with community, care, and conversation right where they live. Discover where to find Vet Chat at a church near you at vet-chat.org.

Vet Chat is an outreach of Cornerstone Church
9900 SE 15th St., Midwest City, OK

BRAZITO

CASH FOR COINS, SILVER, GOLD. CALL FOR APPOINTMENT TODAY!

405-990-4411

WITH NO FEE TO SELL AT THESE PRICES SHOULD I BUY OR SELL?

- WHAT SHOULD I DO WITH COINS I INHERITED?
- SHOULD I LEAVE MY KIDS COINS OR CASH?
- WE CAN HELP YOU ANSWER THESE QUESTIONS!!
- WE ALSO BUY GOLD, SILVER, BULLION & JEWELRY

COINS
GOLD & SILVER
BUY & SELL

WE DO APPRAISALS
CALL FOR APPOINTMENT!

Call 405-990-4411
Or email billnorfleet@hotmail.com
www.brazitocoins.com

are you a VETERAN

Are You a Veteran Needing In Home Care Assistance services?

You may qualify for VA provided in-home care services from Senior Helpers, a licensed home care agency and approved Veterans' Benefits provider.

We understand the unique needs of our veterans and can provide education on benefits. We also can provide the specialized, in-home quality senior care you deserve – from the comfort of YOUR home:

- Home Safety and Fall Prevention • Assistance with mobility and daily routines • Medication Reminders • Personal hygiene assistance • Personal Care • Caring companionship and conversation • Transportation to and from appointments

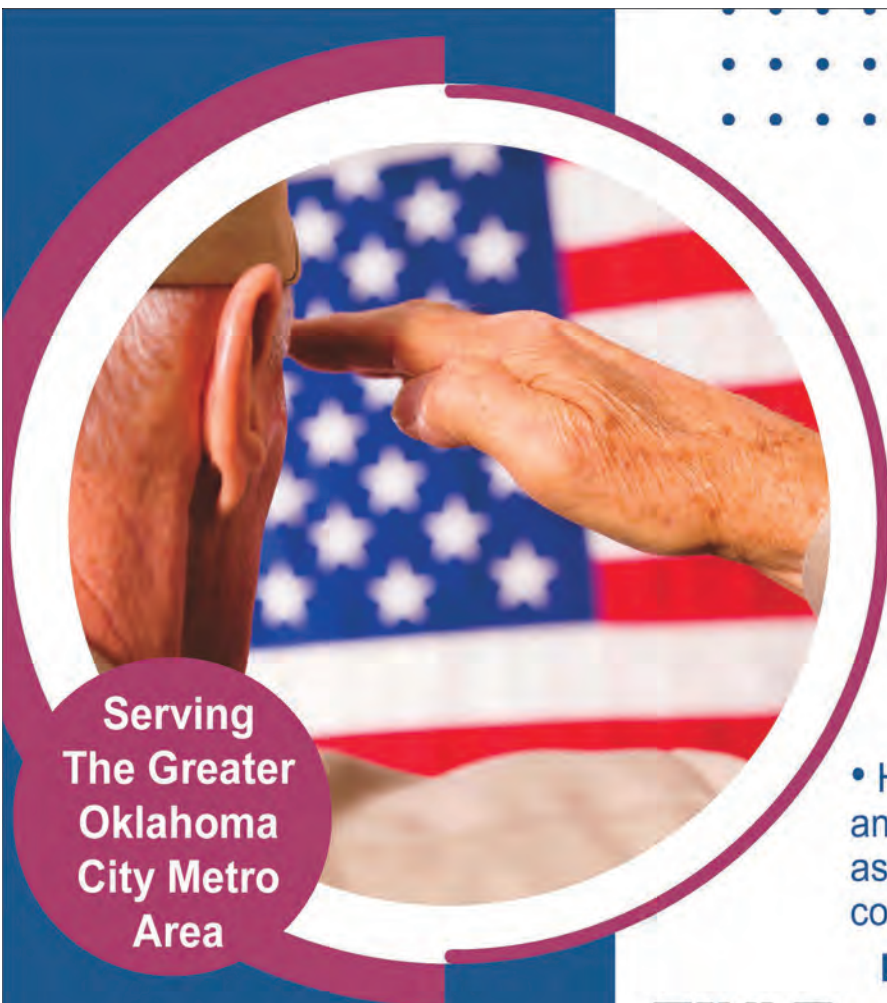
Let us help you preserve your independence and freedom!



CONTACT US TODAY FOR A FREE CONSULTATION

405-608-4339

www.seniorhelpers.com/ok/greater-oklahoma-city



Serving
The Greater
Oklahoma
City Metro
Area

**SENIOR
Helpers**
Senior Care, Only Better.



English Village
Skilled Nursing & Therapy



RIVER VALLEY
Skilled Nursing & Therapy



The Fairmont
Skilled Nursing & Therapy



KINGWOOD
Skilled Nursing & Therapy



The Ambassador
Skilled Nursing & Therapy



UNIVERSITY PARK
Skilled Nursing & Therapy
Memory Care

Altus, OK	Clinton, OK	Oklahoma City, OK	NE OKC, OK	Tulsa, OK	Tahlequah, OK
EnglishVillageOK.com	RiverValleyOK.com	FairmontOK.com	KingwoodOK.com	AmbassadorOK.com	UniversityParkOK.com



Each of these **BRIDGES HEALTH MANAGED COMMUNITIES** is a VA-designated Community Nursing Home, a distinction that reflects our deep respect for those who have worn our nation's uniform and affirms our commitment to **uphold the values** they represent: **HONOR, SERVICE, LOYALTY, and RESPECT.**

More than a place of care, we are **A COMMUNITY OF GRATITUDE**, dedicated to preserving each veteran's dignity and honoring their legacy through compassionate service.

WE ARE HONORED TO CARE FOR THOSE WHO SERVED.



BridgesHealth

A Tribute to Old Glory

By Clara Cox



My name is Clara Cox and my husband, Frank and I recently picked up a copy of the Oklahoma Veteran News. Frank previously served in the United States Air Force.

Each year we hang our American flag on the wall of our garage with the help of magnets. When I bought a new flag this year I didn't want to get rid of the old one. The colors on the front of the flag had faded over time, but the reverse side of the flag was still in good condition. So, perplexed on what to do, I prayed on the matter.

And, the Lord gave me a good idea, how I could honor our flag on this 250th year of our country's celebration. I hope the readers of the Oklahoma Veterans News might try this idea to decorate and honor our country's flag too.

First, I washed our flag and few other flags someone gave me and dried them on the cloths line. This seemed appropriate, because the flag had a life of blowing in the wind already.

After measuring our outdoor rockers on our front porch I folded the flag over in half, right sides together (or the sides that are not faded together) and seamed up the top and the side opposite the folded side, leaving the bottom open to slip over the top of the rocker. Then I turned it inside out. This made a simple pillow case.

My chairs measured about 29 inches. Your chair may be larger or smaller. Leave enough slack to comfortable slip it over the chair back. I did not cut the excess off the flag, but tucked it to the inside. I could not bring myself to cut the flag if no damage existed.

I completed decorating our porch with a red, white and blue wreath on our front door. Hope this might be a way you could use your old flag!

God bless America and God bless our service men and women! ●

Homeless Veterans Stand Down

Friday September 18th

The Stand Down is an event that provides supplies and services to homeless Veterans, such as food, clothing, health and dental screens and VA Social Security benefits.

Sooner Stand Down is scheduled for Friday, September 18th starting at 8 a.m. with the last veteran being admitted at 2 p.m. This event takes place at the 14th Street Clinic located at 1301 NE 14th St, Oklahoma City, OK 73117.

HUD-VASH, Supportive Services for Veteran Families, Grant and Per Diem and Health Care for Homeless Veterans programs will assist veterans with housing needs. Eligibility services will be available at the front entrance for both registered and unregistered veterans.

Mental health services will include representatives from the Veterans Center, with shuttle transportation available to the main VA campus when needed. STAR staff will also be available to assist with triage and services.

A mobile Oklahoma Human Services bus will be stationed outside the clinic to assist veterans with SNAP applications. Upward Transitions also will provide same-day services at its location, with shuttle transportation available as needed.

The Sandy Basset VFW will provide move-in kits for veterans transitioning into housing. The Oklahoma National Guard also has offered clothing. Breakfast and lunch will be provided with assistance from the Oklahoma Department of Veterans Affairs and Bimbo Bakeries USA. Organizers also are exploring shower services through Refresh Shower Ministry.

Community members and organizations can support the Stand Down by donating needed items, including food, clothing, shoes and bus passes. Organizers say donating needed supplies is the easiest way to help.

Organizations that cannot participate in person may provide materials for inclusion in veterans' resource packs at 1301 NE 13th Street, Oklahoma City, OK 73104 to Christine Cleary.

★★★★ Veterans Serving Veterans ★★★★★

HELP 4 VETERANS



Our Mission

Our dedicated volunteers help veterans and their families apply for the VA benefits they have earned and deserve. If you need help to apply for a VA disability please come see us.

Thursday morning from 8:00 to noon

Community Christian Church, 2010 N Eastern, Moore, OK 73160.,

Call 405-779-3693 or email Help4Veterans@myyahoo.com.

Help 4 Veterans is a 501(c)3 non profit organization.

Donations are tax deductible.

www.help4veteransok.org

ANNUAL ENROLLMENT

October 15 to December 7, 2026



If you are already on Medicare, this is your main window each year to switch plans, drop coverage, or add a Part D drug plan.

KNOW YOUR OPTIONS.

WE CAN
HELP YOU
SORT THEM
OUT.



Call NOW for a complimentary consultation with a licensed LOCAL agent.

New Events Held Every Month



To view our latest events visit our website and click "Events" or follow the link on the QR code.

www.eaglegroupagency.com

405-602-1554



VA HOME LOANS

WE HAVE OVER 25 YEARS EXPERIENCE TO GET YOUR LOAN TO CLOSING!



STRACKE HOME LOANS

POWERED BY

BARRETT FINANCIAL GROUP

At Stracke Home Loans,

we believe every Veteran and active-duty service member deserves a place to truly call home. Our dedicated VA Loan Specialist make the process simple, stress free, and tailored to your unique needs - Because you've earned it.

Why Veterans Choose US

Zero down payment options, our VA Loan Experts, Faster Closings, Competitive Rates and Personal, One-on-One Guidance
Real People with Real Support

Whether you're buying your first home, refinancing, or planning your next chapter, our team is here to stand by with you every step of the way

www.strackehomeloans.com



918-924-5515



Proudly Serving Those Who Served

Jennifer Stracke | NMLS #2422902 | Barrett Financial Group, L.L.C. | NMLS 181106 | FL MLD1880 | NC B-037221 | OK ML013880 | PA 292457 | TN 204577 | TX | Equal Housing Opportunity | Equal Housing Lender | This is not a commitment to lend. All loans are subject to credit approval | nmisconsumeraccess.org/EntityDetails.aspx/COMPANY/181106

Honoring the Fallen: Christopher Horton

By Jill Stephenson

My son was killed in 2009 while actively serving as an Army Ranger. Because of this I connected with rangers of all eras from all over the country. One of those rangers was a gentleman from the greater Tulsa area. He let me know about Chris Horton, who was killed in 2011. He told me that he and Chris were friends and had participated in shooting competitions together. He told me because I had connected with many other families of the fallen and he thought I might reach out to his widow, Jane. Although I have only lived in the area for one year, I have known of Chris since shortly after he died. When I started writing these stories,

I knew Chris' story was one I wanted to share.

Chris was a graduate of the Missouri Military Academy. He was captain of the rifle team and 2nd Platoon Leader during his senior year. He enlisted in the Oklahoma National Guard in 2008 after being recruited by the Army Marksmanship Unit. During his time with the ONG he trained to be an infantryman, was SWAT certified, sniper qualified and graduated at the top of his class. Chris proved his expertise by earning numerous awards in 2008-9. He was professionally sponsored as a shooter by the US Shooting Academy in Owasso. He volunteered as a police officer, worked on many political campaigns and was patriotic and passionate about freedom.

Horton deployed for the first time in the summer of 2011. In a letter he wrote while in Afghanistan he said, "The path to becoming a sniper is by no means easy, and if you complete your training, it is a very hard and lonely job. It isn't what you see in the movies or video games. It is a very difficult but rewarding career. There is no other job in the military like it."

Sadly, Chris was killed only three months into that deployment. In a 2015 interview with his widow Jane, she said she never thought he would be killed because he was the best of the best. Chris didn't think he would be either. I asked her how you get to a place of acceptance knowing someone who was so strong and so prepared doesn't come home? She answered, "I don't think you do. Life is short therefore we should live in the moment and be grateful for every day we have. Many people, like Chris, didn't get that opportunity."

In 2022, a two-day Chris D. Horton Memorial Sniper Competition was started in Jackson,



Above: Chris Horton and Jane wedding day.

Nebraska by Garrett Grover, who was in the same sniper section as Chris when he was killed. Grover said the event honors Horton, sharpens competitors' skills and strengthens bonds in the sniper community. Developing that camaraderie is especially important in a career that Horton had described as very isolating.

Grover stated, "The way you think about it going back to ancient times, what warriors are, what warriors do, and the warrior mindset; that was Chris."

Becoming a widow at such a young age changed the trajectory of Jane's life. While her heart was set on growing old and having children with Chris, not long after died, she left Oklahoma and moved to Washington, D.C. She is an active supporter and advocate for veterans and Gold Star Families. She discovered there were issues related to the processes families had to deal with and no one was working on them. She wanted to help other families, which included the thirteen (at the time) other ONG families that had experienced a loss. Since 2011, Jane has worked with eight Secretaries of War, including the current one, as his Senior Advisor. She also serves as a member of the Gold Star Counsel, which was implemented by the current SOW, Pete Hegseth.



Chris Horton deployment.

Incidentally, SPC Christopher Horton and my son CPL Benjamin Kopp are laid to rest steps apart in the infamous Section 60 at Arlington. I had the privilege of attending a dinner with Jane over Memorial weekend in 2017 at the DC home of the Afghanistan Ambassador to the US. That is a story for another time, however it remains one of the most honoring and memorable events I have experienced since my son died.

Oklahoma Senate Bill 1320 designates four sections of highway 169 to be named after fallen soldiers from the area. In his honor, U.S. 169 from 106th Street N. to 116th Street N. is named "Specialist Christopher D. Horton Memorial Highway." May he rest in peace knowing he is not forgotten. ●



*Stay Home,
Stay Well!*

Supporting
Oklahoma
Veterans
for More Than
33 Years!



FREE IN-HOME ASSESSMENT

- Transportation and Errands • Certified Home Health Aides & Companions • Bathing, Dressing & Hygiene Assistance • Meal & Snack Preparation • Light Housekeeping & Laundry • Services Provided up to 24 Hours Per Day

*"Family owned, operated & serving
Veterans in Central Oklahoma since 1993"*

www.CarePlusatHome.com



CALL US 405.769.2551
24 Hours 877.744.2551



**\$250 RENT DISCOUNT
TO US VETERANS
FOR ONE YEAR***

**Limited Time Offer*

Saint Ann
ASSISTED & INDEPENDENT LIVING
A MINISTRY OF THE ARCHDIOCESE OF OKLAHOMA CITY

Call Lisa at (405) 721-0747 Ext 322

7501 W. Britton Rd, OKC, OK
www.SaintAnnRetirementCenter.com

250 Year Anniversary
**UNITED STATES
OF AMERICA**





Dave Stadler shows off his love of motorcycles.

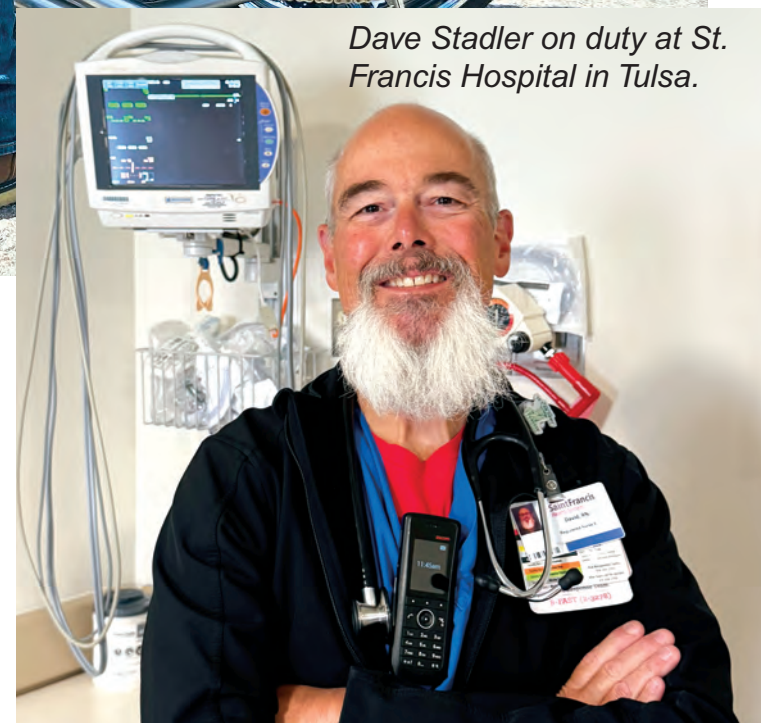
Meet Dave Stadler, Tulsa Based Registered Nurse, Veteran Advocate

Growing up surrounded by veterans and medical professionals, Stadler's life has been shaped by a deep family legacy of military service and medicine. His grandfather worked as a doctor at the Mayo Clinic in Minnesota and later studied how nutrition affected cardiac patients at the Cleveland Clinic. He also spent time as a research doctor in infectious disease work connected to Johnson Pharmaceuticals. Dave's father served in the Navy during Vietnam, was active in a Vietnam veteran motorcycle club, and counted a Green Beret among his closest friends. This environment instilled in Dave a lifelong reverence for those who serve.

Nursing also runs deep in his family: his mother and grandmother were both RNs. Dave and both of his sisters followed in their footsteps. Sadly, one of his sisters passed away two years ago at the age of 57.

When Stadler was twenty-one, tragedy struck his family when his older brother, who had served two enlistments in the Navy, died unexpectedly. Although he was denied entry into military service for medical reasons, Stadler has dedicated much of his life to giving back to veterans through the American Legion and its riding community.

He became a registered nurse in 2004 and spent 16 years as a trauma nurse in the ICU at St. Francis Hospital in Tulsa. He found deep fulfillment in helping people through the worst moments of their lives and later getting to see them return for visits after their recovery. He has also worked with Oklahoma's Organ Procurement Organization witnessing firsthand the good that can come from tragedy.



Dave Stadler on duty at St. Francis Hospital in Tulsa.

During the COVID-19 pandemic, Stadler served as a crisis nurse, spending 7.5 months as a FEMA contractor in San Antonio at Methodist Stone Oak Hospital, then returning to work as a COVID nurse at OU. He later served in Lufkin, Texas, in the same capacity.

In 2017, he transitioned from trauma nursing to peri-anesthesia care, a shift he made simply to change pace after years in high-intensity trauma work. In this role, he cares for patients waking from anesthesia, ensuring their safety and stability before they move on in their recovery. He has worked at St. Francis Hospital in this capacity for the last 2.5 years. He describes nursing as, in some ways, a selfish calling - one that gives deep meaning to his own life while allowing him to make a real difference in the lives of others'.

Stadler is heavily involved with the American Legion Riders (ALR), serving as Director of Riders for Post 308 (Mohawk Post) in Tulsa and as 2nd Vice Director of the Department of ALR for the state of Oklahoma. He began his involvement at Post 141 in Claremore in 2022

and recently served as road captain for the 2026 in-state Legacy Run. He has been elected to lead the event again next year. He also works with Ducks Unlimited.

A defining experience came earlier this year in April, when he accompanied his father, a Vietnam-era veteran, on an Honor Flight. Through this experience, he observed that veterans who had a sponsor with them had a far richer, more meaningful experience than those who did not. This inspired the planning of Post 308's motorcycle Poker Run in October. The event will sponsor the Oklahoma Warriors Honor Flight. The hope is to make the event an annual tradition. For the many veterans who have never seen the Vietnam Veteran Memorial Wall in Washington, DC, Stadler sees this as an opportunity for healing and to witness reverence and appreciation for their service.

Stadler is passionate about Americanism and the importance of instilling regard for those who serve. He worries that younger generations have come to view the pursuit of happiness as an entitlement rather than a privilege earned through sacrifice. He hopes to help restore a sense of American pride and gratitude: values he says were passed down to him by his parents and grandparents.

Dave has been married to his wife Chelle for 28 years. They have two children.

The Poker Run is scheduled for October 3rd. Registration begins at 10:00am at the Carousel Lounge: 4666 S. Mingo Road in Tulsa.

For more information contact Dave Stadler: 918-260-5388 or stadler1005@gmail.com.
story by Jill Stephenson, contributing writer



Oklahoma Military Heritage Foundation

Find out more about:

- > Our yearly Military Hall of Fame Induction Banquet
- > Military Hall of Honor Chapters
- > Honors Campaigns
- > Becoming an Ambassador volunteer
- > Nominating deserving Veterans or Volunteers
- > Supporting our organization as a donor or member

*****Go to: OKMHF.org or email: INFO@OKMHF.org

Pick-Up a Copy at Your Favorite Jimmy's Egg Location

Order Online Here! www.jimmyseggokc.com

Veterans, Do You Know the State Benefits of Your Disability Rating?

- 50% - Reduced Car Tags
- 60% - Lifetime Oklahoma Hunting and Fishing License
- 70% - Live in a State Veterans Home at NO COST for long-term care - you keep all of your income
- 100% - Tax Exemptions - this may include Sales Tax, Excise Tax, and Property Tax. Also includes a FREE Drivers License

ODVA Programs:



Contact: 405-523-4000



MOBILITY SALES AND SERVICE
"Where We Exceed Expectations Everyday"

BUILT FOR FREEDOM. DRIVEN BY SERVICE.

PROUDLY SERVING OKLAHOMA VETERANS FOR OVER 30 YEARS.

We understand the sacrifices made by our veterans because we've been working alongside them for over 30 years. We are very familiar with the VA auto adaptive programs and are here to help you every step of the way.

WHEELCHAIR ACCESSIBLE VANS

DRIVING SOLUTIONS

LIFTS & TRANSFERS

SERVICE & SUPPORT

VAN RENTALS
Wheelchair accessible van rentals available for your convenience!

CHRYSLER PACIFICA
BraunAbility Side Entry

CHEVROLET TRAVERSE
BraunAbility Side Entry

EXPERIENCE YOU CAN TRUST. SOLUTIONS YOU CAN RELY ON.

30+ YEARS OF EXPERIENCE
Proudly working with veterans and their families for over 30 years.

VA PROGRAM EXPERTS
We are very familiar with the VA auto adaptive programs and make the process easier.

QUALITY MOBILITY SOLUTIONS
From wheelchair accessible vans to lifts and driving solutions, we have you covered.

SERVICE YOU CAN TRUST
Certified technicians providing expert service and support long after the sale.

FAMILY OWNED & OPERATED
Built on integrity, honesty and a commitment to our community.

TWO CONVENIENT LOCATIONS TO SERVE YOU!

NORTH OKLAHOMA CITY (GUTHRIE)
5632 S. Division Street
Guthrie, Oklahoma 73044
(405) 282-2113

SOUTH OKLAHOMA CITY
7500 S. Shields Blvd.
Oklahoma City, OK 73149
(405) 778-2013

WE'RE HONORED TO SERVE THOSE WHO HAVE SERVED.

SALES • ADAPTATIONS • SERVICE • PARTS • SUPPORT

NEWBYVANCEMOBILITY.COM

Grace Care Expands Footprint With Edmond Location

Grace Care has served the Enid community and surrounding areas since 2009, partnering with families to create personalized care plans for seniors.

The company is now expanding its footprint with a new branch at 15816 North Pennsylvania Avenue, Suite 3, in Edmond, which opened Aug. 1.

"We opened in 2009 with the goal in mind to help seniors stay at home as long as possible," said Latisha King, President and Administrator. "We assist with the activities of daily living and IADLs - bathing, dressing, medication reminders, companionship, errands, grocery shopping, meal prep. We operate from four-hour visits to 24/7 care."

The Edmond location's business hours are 8:30 a.m. to 3:30 p.m., Monday through Friday.

King's journey with Grace Care began in May 2014, when she joined as a Certified Nursing Assistant with six years of prior experience. She moved into an office role as a scheduler in 2016, became Assistant Administrator in 2019, and was appointed Administrator in December 2023. In 2024, she became President of Grace Care, carrying forward the legacy of founders Bob and Tina Osborn.

She also serves on the board of Enid RSVP, is an Ambassador for the Enid Chamber of Commerce, and serves as President of the Oklahoma Professionals for Home Care (OPHC).

"I've been with Grace Care for 12 years, and in 2024, I purchased it," King said. "I always felt like Edmond was the location I wanted to expand to. I kept going back to the same area, and I just felt this pull, like that's where I needed to be. A lot of things fell into place, and I know God had a hand in it all."

Grace Care has built a strong reputation, helping families care for their loved ones.

The company was voted Enid's Best in 2018, 2021, 2022, 2023, 2024 and 2025 by readers of the Enid News, and received the Employer of Choice Award from Home Care Pulse in 2022, 2023, 2024 and 2025.

Grace Care's dedication to providing great service hasn't gone unnoticed.

The company's Facebook page features several client testimonials



Grace Care is expanding its footprint with a new branch at 15816 North Pennsylvania Avenue, Suite 3, in Edmond, which opened Aug. 1.

including a recent one from EB, who writes, "Grace Care has given our family true peace of mind. I received daily updates on my dad, whether I asked for them or not. They genuinely take the time to know him and care about him. His caregiver has built such natural chemistry with him that he's completely comfortable with her around. Because of that, I'm able to run our family businesses without worry. The office staff communicate every single day and it's clear that they put real thought into matching caregivers with the right clients. I can't recommend them enough."

Grace Care is also a VA Community Care Network provider - the preferred national network the VA uses to connect eligible veterans with care in their community. Veterans may receive free in-home care services through the Homemaker/Home Health Aide Program.

"What we're doing is providing quality care, and it's noticed. We're about quality over quantity," King said. "We're attentive to us, we're always checking in on our clients and our caregivers, making sure everyone's doing what they're supposed to be doing, because we're going into someone's home. We want to make sure we're sending quality people to provide these services and always doing the right thing. It gives families respite, knowing someone is there to care for their loved one."

King said the Edmond branch is currently hiring and accepting new clients. "We're in the hiring process - we've brought on a nurse and a full-time CNA, and I'd like to add a couple more," she said. "Right now, we're focused on hiring CNAs and getting established with new clients."

For more information about the Edmond branch, call (405) 378-5467, email info@gracecareokc.com, or visit www.gracecareokc.com. ● Story and photos by Van Mitchell, staff writer



VA Community Care Network Provider

We are a VA Community Care provider for Veterans in Home Care through the Homemaker/Home Health Aide Program.

Services Include:

- Light Housekeeping/Laundry • Meal Preparation • Errands/Shopping
- Bathing/Dressing • Companionship/Respite Care • Transportation

• 2523 N Van Buren in Enid
580.237.6911

• 15816 N Penn. Ave Ste. 3 in Edmond
405.378.5467

www.gracecare.com **Call Today**

NOW LEASING
WE'LL MOVE YOU FOR FREE!

GRAND OPENING!

14604 Parkway Center Ave
Oklahoma City, Ok 73134



1200 SqFt [APX] of Luxurious Living Space.
Living Room, Kitchen, Dining, Utility, 2 Bed, 1 Bath, 1 Car Garage.



Starting at \$2000 Per Month
\$1000 Deposit

B BELMONT
COVE [RETIRED COMMUNITY]

OKC BELMONT NORTH



- Pickleball Court coming soon!
- Clubhouse coming soon!
- Hardwood floors in Living room and Kitchen.
- Kitchen: granite countertops, stainless steel oven, microwave hood, dishwasher, & double sink.
- Utility area equipped for washer & dryer with storage space.
- Bedrooms are carpeted with spacious closets & large windows.
- Bath is oversized with granite countertop & ceramic floor tile.
- One car garage with garage door opener.
- Small backyard with privacy fence which leads to walking path.
- Pet-friendly home, no extra charge.
- Inside & outside maintenance included in monthly lease.
- Convenient access to dining, shopping, and medical centers. Near Mercy Hospital.

Call Today For Your No Pressure Tour
405-805-COVE (2683)

EDITORS NOTE: This is the first of a two part story on Mildred Allison, A Tale of Two Countries. Watch for part two in October's issue!

A Tale of Two Countries: *Deserting One to Fight For The Other*

Born dirt poor on September, 9, 1913, in Farrar, Texas, Mildred Allison picked cotton as a child with his family. After high school, tired of low- or no-paying jobs during the Great Depression, he enlisted in the United States Army on December 31, 1936. That three-year enlistment opened his eyes to a bigger world, including duty in China, and led to a momentous second enlistment in 1940 that literally changed his life forever. Allison audio-taped his life's story in retirement. His oldest daughter, Sandy Bishop, transcribed it for descendants - and now the public - to read. His grandson, Marc Bishop, researched the story further.

Getting Faith and Education

"We were Southern Baptist and attended Church regularly," Allison recorded. One Sunday, "I felt an uncontrollable urge to run down the aisle to the altar to be saved. I was around the age of seven." The preacher obliged and Allison became a Christian.

Naturally smart and curious about the world, Allison read lots of books and with his best friend, Lee Parks, rebuilt numerous cars. "I knew the only way to get out of the cotton field was to get an education and change my environment." Allison was valedictorian of Munday High School, but he did not speak in front of others on graduation day because he was ashamed of wearing worn clothes and not having shoes.

Football and a Missed Opportunity

"I played tackle for Munday...from my freshman through senior year." He scored his only touchdown on a trick play that tied the football game's score, teammates got the extra point and they earned a conference title in 1931. "As I cleared the defensive players, moving from my left to the right...I began to realize that the end zone was in sight." Allison received a football scholarship to Texas A&M College, but without a job to pay for room and board, he dropped out.

Bootlegging and a Lucky Escape

"Life was hard for most people during the late 20's and early 30's. There was never enough money and very little food." The lure of easy money bootlegging liquor from Mexico to Fort Worth caught Allison like a fish.

On his third trip, "I backed my car into the worn down garage, to filthy looking Mexicans, who filled the back with the booze I was to deliver and was off to Texas, without a hitch, so I thought." He hit a huge rut and the rear end went out, but a mechanic swapped repairs for beer. Then, someone followed him at high speed until a tire popped and the car stopped. A man walked up from behind, hand on his sidearm. It was a Texas Ranger. "As the ranger moved closer to my car, I knew by the build, it was Uncle John." A thousand to one chance!

His favorite Uncle John towed Allison to the first service station. Without any words being spoken, Allison realized, "This was my one and only get out of jail free card. He left, without any offer of help." A mechanic traded booze for a patched tire. Next, the radiator broke and Allison barely made it to Fort Worth. However, only one bottle of Tequila remained!

Joining the Army

Although Allison attended a business school a while in 1936 and worked odd jobs, he'd finally had enough of eating beans three times a day and living like a pauper. "I knew it was



Robbi Richter, on left, and M...
photographs of their grandpa
Melvin and Sandy Bishop, and

time to make a major change in my life. So, in December 1936, I left school and enlisted in the United States Army for a three-year hitch."

His first enlistment started at hot, sandy Fort Bliss, Texas. Marching. Physical training. Hand combat and marksmanship. Graduation and orders followed to Fort Huachuca, Arizona, where Allison patrolled the Mexican border - a boring duty.

Next came California. "I got a good duty at the Presidio. I was a prisoner chaser for my unit." One day, he fired warning shots close to three escaping prisoners and they stopped. On his last prisoner assignment, he and another soldier guarded a soldier on a train to Fort Leavenworth, Kansas. The prisoner had killed a man over a poker game and a prostitute.

Duty in China

"I spent the last year of my enlistment in China...We were there to train with the Chinese Army." Japan had invaded Manchuria in 1931. "The training was for show. We would go out a couple times a week in force, and do mock battles. We were always sure to look impressive."

Allison ended his enlistment there and took a troop ship to San Francisco to be discharged. Entertainment came through poker games. One night, his



arc Bishop, on right, are brother and sister. They hold
parents, Mildred “Tex” and Elizabeth Allison; their parents,
d other family members.



Above: In Kaufman, Texas, cotton pickers earned 50 cents for every 100 pounds picked during the Great Depression. *Photo by Authur Rothstein, dailywise.com*

cards couldn’t lose. “Hell, you know you’re hot when you win a pot of several hundred dollars on a pair of deuces.”

A New Car and Another Chase

After separating from the Army, Allison bought a new 1939 LaSalle touring car and headed home to Texas in style. Instead, he ended up in East Texas chasing bank robbers when his Uncle Marshall, a town marshal, jumped on the running board of his shiny car and shouted, “Follow that car!” The bank robbers pelted the LaSalle with bullets from a tommy gun. Uncle Marshall shot the driver, causing him to crash. The chase ended with two bank robbers caught and Allison’s new vehicle ruined.

He moved to Fort Worth searching for a job. “I needed a job fast before I found myself living on the street.” The Gusher Cafe hired him as a dishwasher, fifty cents a day plus meals. It was hot and he was on his feet from 6:00 a.m. to 9:00 p.m. “It was hard, disgusting work.” Unable to find other work, “I resolved that my best recourse was to re-enlist in the United States Army. I was unaware how this decision would change my life forever.”

Back to the Army

First, Allison was assigned to Fort Bliss again, under Lieutenant Colonel Dwight D. Eisenhower. He was then reassigned to Fort Lewis, Washington, near Canada, which was at war. “At Lewis, I was assigned as the company supply sergeant.”

It was August 1941 and America was not yet at war. Allison and four soldiers discussed joining the Canadian Army with their company commander to get into the fight. Captain Rosen advised them not to.

However, soon afterward, Allison submitted paperwork to purchase his discharge from the Army, which was permitted in pre-WWII. The Army did not respond. The man of action decided on a course of action.

A Life-Changing Decision

“On Friday, August 9, 1941, I returned to my company commander’s

office and asked for a three-day pass with the intent of going to Canada to join their Army.” He told Captain Rosen of his plan. Remarkably, Rosen signed the pass anyway. Allison told him, “I have given it plenty of thought and believe this is what I need to do.”

Allison’s life was about to change forever. Henceforth, the Canadian and U.S. armies would play major roles in his life in the near and long term. Next month, read more about Sergeant - soon to be Corporal in the British Columbia Regiment - Allison’s extraordinary journey. ● *Story by Lt. Col. Richard Stephens, Jr., USAFR, Ret. website: Rich Travel Niche*



In June 1938, men sit outside closed banks without jobs, wondering how to feed their families. *Photo by Dorothea Lange, dailywise.com*

Bridging the Gap: How ASVAB Edge Academy is Empowering Oklahoma's Next Generation of Service Members



Douglass HS JROTC Graduation photo

Across Oklahoma, dedicated JROTC cadets enter high school classrooms with a profound desire to wear the uniform and serve their country. However, a major hurdle often stands in their way: meeting the military's qualifying Armed Forces Qualification Test (AFQT) score. For many capable students, a lack of targeted test preparation closes the door on enlistment before they even graduate.

ASVAB Edge Academy—a veteran-owned organization led by 12-year U.S. Air Force and Army veteran Winnie Robinson—was founded to solve this exact problem. Our mission is clear: to increase enlistment eligibility for 11th and 12th-grade JROTC cadets through structured, data-driven ASVAB test preparation.

Proven Impact at Frederick Douglass High School

Earlier this year, ASVAB Edge Academy partnered with Oklahoma City Public Schools to launch a pilot ASVAB Test Prep Bootcamp at Frederick Douglass High School, running from December 3, 2025, to January 9, 2026.

The results speak for themselves. Out of 30 enthusiastic participants, the three-week curriculum delivered a powerful impact, successfully moving 5 cadets from testing below thresholds to fully ready for enlistment.

As Principal Kevin Jones noted of the initiative, "Our pilot ASVAB Test Prep Bootcamp was successful through strategic partnership with ASVAB Edge Academy." Furthermore, 100% of student feedback confirmed that the program's pacing was "just right," with specific focus placed on strengthening foundational math and verbal skills. This initiative directly aligns with forward-thinking frameworks like the OKCPS Future Driven 2030 strategic plan, which ensures graduates are fully prepared for enlistment, employment, or enrollment.

A Statewide Call to Action for Leaders

The success at Frederick Douglass High School is just the beginning. Veteran JROTC instructors across Oklahoma—including districts in Tulsa and Lawton—have expressed an urgent, growing need to scale this support so more cadets can achieve their dreams of service.

Principal, Kevin Jones

Achieving statewide impact requires collaboration. We are actively calling on state superintendents, school board members, government officials, and corporate partners who believe in this mission to step forward. If you want to know how to bring the proven OK LEADS ASVAB Prep Program to your school district and unlock new opportunities for your students, we want to hear from you.

Together, we can ensure that every young adult in Oklahoma who wants to serve our nation is given the academic tools to succeed.

To learn more about bringing a bootcamp to your district or to partner with ASVAB Edge Academy, visit www.asvabedgeacademy.org or contact our strategic team at (405) 296-3377.

Please let me know if you need any adjustments or additional details prior to publication. Thank you again for your continued leadership and support of Oklahoma's veterans and youth! ●
Story and photos submitted by Quincy Benton | Strategic Advisor

**Scan Here
To Visit
ASVAB.**



ATTEND
FREE!

 **SECOND HALF
EXPO 2026**



**Discover Valuable Resources, Fresh Ideas,
& Trusted Experts for Life After 50**

OKLAHOMA's LARGEST EXPO
for the 50+ Community

Saturday, October 17th - 8am - 1pm



1700 NE 63rd Street, Oklahoma City, OK



Health



Home



Finances



Travel



Purpose



Lifestyle

Learn More:

SecondHalfExpo.com

405.657.5131

info@secondhalfexpo.com



Second Half 365



By Freddy Groves

Confusion Over Payment for Non-VA Medical Care

Let's hear it for whistleblowers, especially when big money is involved, and most especially when some of that money should have gone into the pockets of veterans.

Specifically, starting in 2001, non-VA medical providers and veterans had 90 days to file for reimbursement for veterans who had sought emergency care. Then in 2022 the Cleland-Dole Act added the requirement that non-VA providers submit payment requests within 180 days for providing nonemergency care. However, there was no mention of veterans having that same 180-day time limit to file for reimbursement, or any time limit at all.

The VA continued, however, to apply the original 90-day payment limit.

Enter the VA Office of Inspector General because of the whistleblower. When asked, the VA identified 78,000 claims -- to the tune of \$373 million -- that had been denied because they didn't meet the 90-day limit. And no, they hadn't reviewed those 78,000 denied claims. Apparently there was confusion due to the fact that the law was written to give non-VA providers that 180 days, but not veterans.

Further confusion (or so it was said) arose because it wasn't clear whether the 90-day filing period should begin on the date of discharge, the date of a veteran's death during emergency treatment or the date it became clear that a third-party payer would not cover the claim. The VA sought

clarification from the policy department ... and promptly dropped the ball, not pursuing answers.

The VA began processing those claims, leaving it to the individual claims processors to decide whether they would use the 90- or 180-day limitation.

If you need to get emergency care at a non-VA medical facility, there are some rules you need to know so it will be paid for. You can read the info at www.va.gov/resources/getting-emergency-care-at-non-va-facilities so you'll know what you should do in an emergency. For example, going to urgent care doesn't count. And someone needs to tell the VA within 72 hours that you've had a medical emergency. You can notify the VA at 844-724-7842.

(c) 2026 King Features Synd., Inc



Connect With Our Veterans' Community!

Connect with our dedicated staff and explore the various resources and options available to veterans like you.

- SALUTE Veterans National Honor Society
- VA/DOD Benefits Review
- Resiliency and Mentorship Programs
- Career and Resume Services
- Disability Services



SNU
1899

Scan for
more!



Home Healthcare Professionals You Can Trust!

HEART — — SENIORS Home Healthcare

Serving The
Following Counties:

Cherokee
Creek
Haskell
Mayes
McIntosh
Muskogee
Okmulgee
Osage
Pawnee
Payne
Pittsburgh
Rogers
Sequoyah
Tulsa
Wagoner
Washington

SERVICES

- **Free In-Home Assessment**
- **Private, Long Term Care, and Veteran Care accepted.**
- **Individual Plan of Care**
- **Companion Care**
Companionship, shopping, errands, light house-keeping, meal preparation, and reminders.
- **Personal Care**
ALL companion duties as well as personal hygiene, transfer and ambulation assistance and dressing assistance.
- **Alzheimers Care**
- **Dementia Care**
- **Chronic Disease Care**
- **Parkinson's Care**
- **Respite Care**
- **Medication Management**
Skilled Care by RN
- **VA Benefit Assistance**

VA COMMUNITY
CARE
PROVIDER

*Contact us now to see if you
qualify for these services through
the VA at no cost to you!*

Open 24 hours a day, 7 days a week

Call 918-505-3109

LICENSED, INSURED, AND BONDED

SCAN
ME!



OKVN VETERAN RESOURCES

VETERAN LIVING

Belmont Cove

14604 Parkway Center Ave OKC,
OK 73143. Contact Claudia at
405-898-3965 or Gary at
405-417-7294

<https://www.belmontcove.com>



Scan the
QR Code
with your
camera!



Saint Ann Assisted & Independent Living

7501 W Britton Rd, Oklahoma City,
OK 73132. Call 405-721-0747
<https://www.saintannretirementcenter.com>



Villagio of Bradford Village

300 Enz Dr, Edmond, OK 73034
(405) 531-3444
<https://villagioliving.com/bradford-village>



 English Village Skilled Nursing & Therapy Altus, OK EnglishVillageOK.com	 RIVER VALLEY Skilled Nursing & Therapy Clinton, OK RiverValleyOK.com
 The Fairmont Skilled Nursing & Therapy Oklahoma City, OK FairmontOK.com	 KINGWOOD Skilled Nursing & Therapy NE OKC, OK KingwoodOK.com
 The Ambassador Skilled Nursing & Therapy Tulsa, OK AmbassadorOK.com	 UNIVERSITY PARK Skilled Nursing & Therapy Memory Care Tahlequah, OK UniversityParkOK.com
VA-DESIGNATED COMMUNITIES HONORED TO CARE FOR THOSE WHO SERVE.	

HEALTH

SIBLEY Insurance Group

Medicare Brokers 201 W Oklahoma
Ave, Ste 231 Guthrie, OK 73044
Christina Sibley 405-655-6098
Steven Sibley 918-404-0807
Tricare for Life Specialists
<https://www.sibleyinsures.com>



Brightstar Care Home Care

Call 405-896-9600 for your free
in-home assessment.
<https://www.brightstarcare.com>



COMPASSUS

Honoring Veterans With
Specialized Hospice Care
Office 918300-4940



Cornerstone Home Health, Inc.

"Veterans Servicing Our Veterans"
OKC Office 405-354-5454
Toll-Free 833-8545454

www.cornerstonehomehealthservices.com



Want to get your information
in front of more than 40,000
Oklahoma Veterans?
Your online and print listing
is only \$149 per month or
FREE with a display ad
(quarter pages and up)!

HEALTH

Excell Private Care Services

2120 S. Broadway, Edmond, OK
73013 Call (405) 639-393
5610 S Memorial Dr Ste A, Tulsa, OK
74145 (918) 660-0609
501 S. 5th St., Chickasha, OK 73018
(405) 212-4320
<https://excellpcs.com>



Help 4 Veterans

Community Christian Church
2010 North Eastern, Moore
Oklahoma
Call Fred Zacher at 405-779-3639
<https://help4veteransok.org>

★★ Veterans Serving Veterans ★★



Scan the
QR Code
with your
camera!



Synergy Home Care

Call Today. We Listen
OKC Office 405-254-3046 Tulsa
Office 918-727-2117
<https://synergyhomecare.com>



Scan the
QR Code
with your
camera!



Senior Helpers

10605 N May Ave, Oklahoma City,
OK 73120 (405) 608-4339
"Serving the greater OKC Metro"

<https://www.seniorhelpers.com> Click OKC



Oklahoma City VA Medical Center

921 Northeast 13th Street
Oklahoma City, OK 73104-5007
Main phone: 405-456-1000
Mental health care: 405-456-5546

HEALTH

Ernest Childers VA Outpatient Clinic / Tulsa

Main phone: 888-397-8387
Mental health care: 888-397-8387, ext. 4

North Oklahoma City VA Clinic

14400 Bogert Parkway, Suite 100
Oklahoma City, OK 73134-2653
Main phone: 405-302-1500
Mental health care: 405-302-1500

South OKC VA Clinic

17919 Mid-America Blvd, Ste 250
Oklahoma City, OK 73135-6610
Main phone: 405-855-6000
Mental health care: 405-855-6000

Tinker VA Clinic

7050 Air Depot, 72nd Medical Group,
Ste 2K10 Tinker AFB, OK
Main phone: 405-456-8800

For Oklahoma Veterans Services,
Visit <https://oklahoma.gov> or scan
the QR Code below:

Scan the
QR Code
with your
camera!



Grace Care

Serving Enid and
Garfield County Area.
Call 580-237-6911
<https://gracecare.com>/<https://gracecare.com>



Miller Hospice

Tulsa Area
Call 918-588-8403
<https://millerhospicetulsa.com>



Nerve Renewal Neuropathy Clinic

Go to <https://nerverenewalnow.com>
for more info, or visit a location
near you. • NW OKC Clinic - 3705
NW 63rd St, Suite 101 • SW OKC
Clinic - 9821 S May Ave, Suite B •
Edmond Clinic - 3520 S Blvd, Suite
100 • Broken Arrow Clinic - 1150

HEALTH

E Lansing St • **Bartlesville Clinic**
- 4140 SE Adams Rd, Suite 110 •
South Tulsa / Jenks Clinic - 9101 S
Toledo Ave, Ste A • **Norman Clinic**
- 4019 N Flood Ave. • **Midwest City
Clinic** - 8121 National Ave, Suite 105
• **Shawnee Clinic** - 3700 N Kickapoo
Ave, Suite 116 • **Stillwater Clinic** -
1411 W 12th Ave, Suite D • **Yukon
Clinic** - 12801 NW 10th St, Suite 500



Brazito Coins & Collectables

CASH FOR COINS, SILVER,
GOLD . Call Bill Norfleet at
405-495-4000 (cell) or email
billnorfleet@hotmail.com



VETERAN SERVICES

DAVIDS TREE SERVICE

(405) 787-1297. Remove and Trim.
No Job Too Large or Small. MANY
REFERENCES. Call Today
(405) 787-1297 e063127

101 Mobility

9402 E 55th PI Suite A,
Tulsa, OK 74145
(918) 238-7979

<https://www.101mobility.com/>



VETERAN SERVICES

STRACKE HOME LOANS

7122 S Sheridan Rd. Suite 2-425
Tulsa, OK 74133
www.strackehomeloans.com



EDUCATION

SNU VETS CENTER

Southern Nazarene University,
VETS Center
4200 N Peniel Ave. Bethany, Ok
73008 405-717-6299
www.snu.edu



VETERANS UPWARD BOUND

GETTING READY FOR SCHOOL?
Our goal is to help you navigate your
Veteran Education Benefits, enroll in
college or vo-tech, and strengthen
your academic skills -
all at no cost to you.

Call me or scan the QR CODE.
405-422-1405 vub@redlandscs.edu



Please
Support and Say

Thank You
TO OUR
SPONSORS

They Care About Oklahoma Veterans

VETERANS UPWARD BOUND



GETTING READY FOR SCHOOL?

Our goal is to help you navigate
your Veteran Education Benefits,
enroll in college or vo-tech, and
strengthen your academic skills
— all at no cost to you.

- Assistance with GI Bill/VR&E Benefits
- Education and Career Planning
- Assistance with College Admissions
- Develop your Academic Skill
- Referrals to Community and Veteran Services and Agencies
- And More!



CALL, EMAIL OR SCAN THE QR CODE
TO GET CONNECTED



405.422.1405
vub@redlandscs.edu

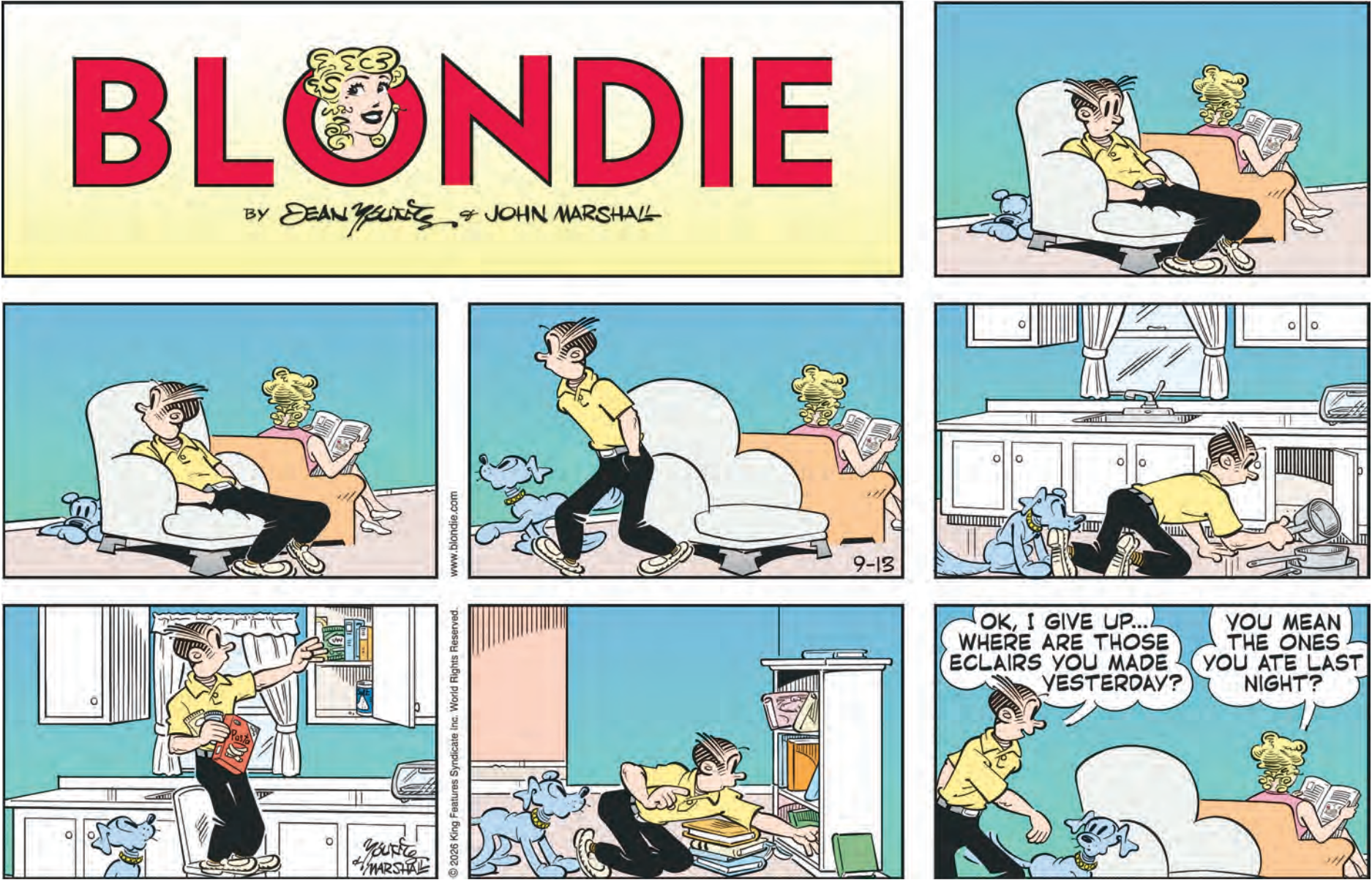
National POW/MIA Recognition Day

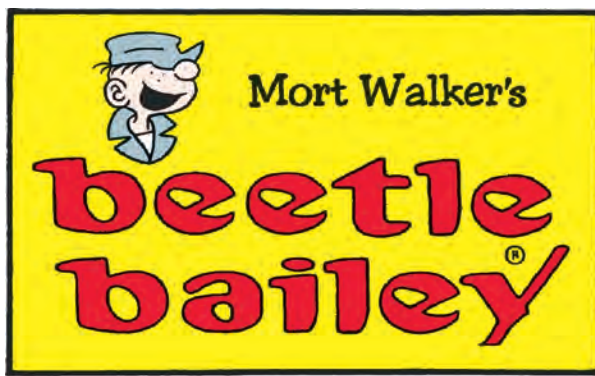
September 18, 2026

- Unknowns
 Unaccounted
 Sacrifices
 Schools
 Bases
 Jimmy Carter
 Conflicts
 Cold War
 World War II
 Vietnam
 Korean
 Ceremonies
 Flag
 Department of War
- Congress
 National
 Prisoner
 Remembers
 Americans
 Promise
 Missing
 Honors
 Commemorate
 Recognition
 Military
 Observance



N G O Q E L A U I A V D E T N U O C C A N U R I
 T A K K I C E C G Z O K R Q S Z Z E P P O K G U
 U H L M U T N E O N N H N E J E S Q I N F B H W
 H O N O R S W A O N I P F T M X I F Z F N Q E C
 X U P I L S C X V E F S A B A E I N R O U U I Y
 R N S I C Q C S Z R Z L S T P E M U O L S I Z J
 A I O Z L H R O B Q E Y I I K T O B D M R B R T
 W R U I D M K M M F M S T C M G N V E A E E T F
 F Q X L T Q Q B X M A H B A T A C S W R N R S D
 O H Q X P I G S N U E U D O T S B D J O S L E P
 T Y P J G N N K X F D M J I E W L X S R O L X C
 N Q L S Y P O G E H B F O S S R W I Z O J Q R L
 E Z F X F R S S O M A N A R O L R M H K K E P L
 M D F S E O C I C C A B X W A P K C U V T B S I
 T V E A I L E A L L E V Y Q N T S Y T R I E U L
 R A N V B T R M M A F R K X M H E V A L C N Z H
 A M C T P B N G I M O O C V B I O C S I K R I W
 P E T I T M O C L D D X P C Z V Y S F N P V G L
 E R I R O L D E I H X U A R I M E I O R L L Q L
 D I X L N A N R T M Y I I E M R R W O P A L C K
 O C S U U J H U A I J M T I G C N M F T A P L Z
 Z A C O L D W A R Q K N J N A S I U Q L M U B I
 M N A E O N I Q Y N A Q O S Z S Q C U Z A A A Z
 K S I F J T E C G M S C W U E B V Y Z Y X G F K





Have Questions?
New to Medicare?
Start With Us



Your Trusted Medicare Resource

WE CAN HELP!

Christina Sibley, EMT/RMA
Medicare Products Broker
BS Health Studies – Gerontology
405-655-6098 call or text

Steven Sibley, US Army RET/DAV
Medicare Products for Veterans
MBA – Healthcare Administration
405-850-1569 call or text



Your Trusted Medicare Resource

Disabled Veteran | Native American | Woman Owned

- Licensed Independent Brokers
- Medicare Education
- Medicare Insurance Products
- In-home or in-office appointments
- No charge to meet with us, no pressure, just help.

Visit us at www.sibleyinsures.com

Contact us for information on our upcoming educational only events (or to request an event) covering general Medicare education, Medicare premium help programs, Medicare with other insurance (Employer insurance, Tricare 4 Life, veteran's healthcare). Food Provided. For accommodation of persons with special needs at meetings call 405-655-6098, TTY 800-522-8506.



Medicare Required Disclaimer: We do not offer every plan available in your area. Currently we represent 8 organizations which offer 73 products in your area. Please contact Medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program to get information on all your options.



MAIL WORLD OFFICE

Rachel & Team Proudly
Serve Our Veterans

918-890-3704

Rachel - Primary

918-814-2310

Secondary



FAST • RELIABLE • CONVENIENT

CITI-HAULERS

JUNK REMOVAL &
MOVING SERVICES



- ✓ JUNK REMOVAL
- ✓ RESIDENTIAL & COMMERCIAL
- ✓ MOVING SERVICES
- ✓ SAME DAY SERVICE
- ✓ LICENSED & INSURED

918-890-3704

Primary

918-313-2890

Ashley - Secondary

WE HAUL IT ALL!
YOU CALL, WE HAUL!

CITI-MAID PROS

CLEANING SERVICES



- ✓ RESIDENTIAL CLEANING
- ✓ COMMERCIAL CLEANING
- ✓ DEEP CLEANING
- ✓ MOVE IN / OUT CLEANING
- ✓ ECO-FRIENDLY PRODUCTS

918-890-3704

Primary

918-313-2890

Ashley - Secondary

SPOTLESS SPACES.
HAPPIER FACES.

4 REAL PEST CONTROL & PROFESSIONAL ANIMAL TRAPPING



PROTECTING WHAT
MATTERS MOST!



RESIDENTIAL • COMMERCIAL • WILDLIFE CONTROL
RODENT REMOVAL • TERMITE INSPECTIONS

918-951-0303

CJ - Primary

PROTECT YOUR HOME.
WE KEEP PESTS OUT!

TRASH BIN CLEANING,

CLEAN BINS.
FRESH HOMES.
HAPPY NEIGHBORS.



469-644-6878

Ryan - Primary



MORE THAN JUST BIN CLEANING!



COMPLETE EXTERIOR CLEANING SERVICES

- ✓ Trash Bin Cleaning
- ✓ Dumpster Pad Cleaning
- ✓ Pressure Washing
- ✓ Driveway Cleaning
- ✓ Sidewalk & Walkway Cleaning
- ✓ Patio & Cleaning
- ✓ Gutter Cleaning
- ✓ Window Cleaning
- ✓ House Washing
- ✓ Commercial & Residential Services



VETERAN & FIRST RESPONDER PRICING

ONE TIME OR RECURRING SERVICE

1 BIN



\$20

PER SERVICE

2 BINS



\$30

PER SERVICE

3 BINS



\$40

PER SERVICE

RECURRING PLANS AVAILABLE!



MONTHLY
CLEANING



QUARTERLY
CLEANING



SAVE MONEY
& TIME



HASSLE FREE
SERVICE

ADD-ON SERVICES

- ⦿ Mosquito Program \$250
- ⦿ Flea & Tick Yard Treatment \$100
- ⦿ Fire Ant Protection \$150
- ⦿ Rodent Monitoring \$150
- ⦿ Cockroach Inspection \$150
- ⦿ Attic Sanitation Inspection \$150
- ⦿ Wildlife Inspection \$150

SUNDAYS ONLY SUNDAY SPECIAL



FREE
SHIPPING
LABEL PRINTING



FAX PAGES
1/2 PRICE!
\$0.50



1:00 PM - 7:00 PM

3171 SOUTH 129TH
EAST AVENUE
SUITE A,
TULSA, OK 74134



EASY ACCESS • AMPLE PARKING



AARS NOTARY & TAX

Authorized • Certified • Professional

Ready to Assist You in
All Your Legal Matters.

— (Listos para Asistirle en
Todos Sus Asuntos Legales)

Notary Public

Legal Documents

Power of Attorney

Affidavits • Titles

Contracts • Real Estate Forms

Tax Preparation

Document Assistance • Translations

Main: 918-313-4512

Secondary: 918-794-6530

Español: 918-810-9923



WHY CHOOSE OUR SERVICES?

- ✓ Professional & Reliable
- ✓ Eco-Friendly Solutions
- ✓ Affordable Pricing
- ✓ Veteran Owned & Operated
- ✓ Locally Owned & Operated
- ✓ Proudly Serving Our Communities

PROUDLY PARTNERED WITH



3171 South 129th East Avenue
Suite A, Tulsa, OK 74134



VETERAN
OWNED &
OPERATED

★ ★ ★ THANK YOU, VETERANS! WE APPRECIATE YOUR SERVICE AND SACRIFICE. ★ ★ ★